



2023 D. Duane Dixon Educational Conference
Speakers Contact Information

Lorraine D'Angelo
Ombudsman
Virginia Worker's Compensation Commission
ombuds@workcomp.virginia.gov
(804) 774-4166

Michael Kernbach
Attorney
Police and Fire Law
michael.kernbach@policeandfirelaw.com
(571) 292-9046

Brad Goodwin
Attorney
ReidGoodwin, LLC
bgoodwin@reidgoodwin.com
(804) 415-7800

Herman Jones
Community Educator
Virginia Retirement System
HJones@varetire.org
(804) 775-3434
(804) 310-9798-mobile

Phil Conjerti
IAFF-FC Partner
MassMutual Virginia
pconjerti@financialguide.com
(804) 290-8781
(585) 309-0355-mobile