



**2018 D Duane Dixon Educational Seminar  
September 27th  
9am-5pm  
Hotel Roanoke - Roanoke, Virginia**

**Fire Service Health and Wellness Seminar  
\$100 per attendee | includes breakfast and lunch**

The physical and mental demands placed on fire fighters and EMS workers are ever increasing. Intense physical stress, emotional stress, and exposure to hazardous substances place fire fighters and EMS workers at great risk for illness and injury. In response to these demands, fire-EMS organizations must make investments in health and wellness. The 2018 D. Duane Dixon Educational Seminar will provide first-hand experiences with administering programs for behavioral health, data collection, medical evaluations, physical fitness, and rehabilitation.

**Register Here**

# Presenters

## **Charles “Bill” Bussing**

Charles “Bill” Bussing has been retired from the Prince George’s County Fire and EMS Department for the last 4 years. After reaching the rank of lieutenant he became the Department’s Wellness and Fitness Coordinator and served there for 10 years assigned to the Risk Management Office. He developed the Department’s Wellness and Fitness Program and served as an Executive Board member of IAFF Local 1619 as the Health and Wellness Committee Chair. The Prince George’s County Government Office of Human Resources had also assigned Bill as the Chairman to the County Health and Wellness Executive Advisory Committee. He also was a Peer Fitness Trainer and an instructor for the IAFF/IAFC Peer Fitness Trainer course and now works at IAFF Headquarters in the Health and Safety Division since 2014. With his experiences, Bill Bussing has sought to continually develop outreach and training methods to ensure public safety officials, fire fighters, paramedics and their families view wellness and fitness programs as a valued service. Prior to his career in the fire service, Bill was enlisted in the United States Navy as a Search and Rescue Swimmer.

## **David Hartman**

David Hartman is a Sales manager at Professional Health Services Inc. in Havertown, PA, where he designs and administrates occupational health programs and health screening services for Federal and State government agencies, Municipalities and General Industry and Construction throughout the United States. These services include onsite health, wellness and fitness evaluations, and customized health screening programs.

David manages teams of doctors, technicians, and other healthcare professionals to suit the individual needs of his customers. Working in coordination with his clients, he assures all health screening programs and services are performed in accordance with regulatory agency guidelines and requirements (NFPA, OSHA, NIOSH/EPA/USCG, NRC, DOT, etc.) His continuing commitment to occupational health and safety has helped establish Professional Health Services Inc. as an industry leader for over 58 years.

Dave attended Mount St. Mary’s College in Emmitsburg, Maryland, where he graduated in 1976, with a B.A in psychology. That same year, he started his career with PHS, as an X-ray Technologist performing pneumoconiosis screening of coal miners. Dave has spent the past 42 years implementing health screenings and OSHA medical surveillance programs nationwide. He has participated in NIOSH health hazard evaluation programs, OSHA and NFPA 1582 roundtable seminars, and regularly attends conferences and exhibits in association with the IAFC Health and Survival section and the IAFF Redmond Symposium.

## **Frank Orefice**

Frank Orefice is a Battalion Chief with Prince William County Fire Department where he has worked for the past 22 years. Frank obtained his Bachelor’s Degree from Virginia Tech and also has Associates Degrees in Emergency Medical Services Management and Fire Science Technology from Northern Virginia Community College. Frank holds certifications as an Incident Safety Officer, Health and Safety Officer, and Infection Control Officer.

Frank currently serves as the Battalion Chief in charge of the Health and Safety division. He has one captain and seven lieutenants who operate under his command. Frank is responsible for the Department’s Medical Physical Program, Exposure Control Program, Light Duty Program, Injury Prevention and Rehabilitation Program, and Behavioral Health Program. He is also responsible for the deployment of a safety officer on all significant incident scenes in the county. Frank is directly responsible for investigating all close call/near miss incidents. Additionally, he manages all employee injuries and vehicle accidents that occur on the job.

Frank resides in Manassas, Virginia with his wife Holly and their two children.

# Session Descriptions

*Behavioral Health for the Fire Service* – Today’s emergency services personnel are exposed to increasing levels of stress. Learn how your department can identify and implement programs to meet emerging behavioral health needs. **BC Frank Orefice – Prince William County Department of Fire-Rescue**

*Cost Justification of Health and Wellness Programs* – The IAFF/IAFC Wellness Fitness Initiative provides a base to build effective health and wellness programs. In turn, investing in health and wellness provides dividends for both employees and employers. Learn how Prince George’s County, Maryland implemented its program and the benefits derived by the department. **Bill Bussing – International Association of Fire Fighters**

*Fire Department Injury Prevention and Recovery Program* – The intense physical demands and hazardous environments of the modern fire service lend to increased risk for occupational injury. To meet these risks, fire departments can implement injury and illness prevention and case management programs to promote employee health and reduce costs and time lost. The session will focus on Prince William County’s experiences with addressing injury and recovery. **BC Frank Orefice – Prince William County Department of Fire-Rescue**

*NFPA 1582 Comprehensive Occupational Medical Program for Fire Departments* – What is the health assessment need within your workforce? This session will provide insight into the diagnostic, fitness assessment, and data collection tools for providing compliant and effective health assessments. **David Hartman – Professional Health Services Inc.**

*Small Steps for Big Change* – There is a realistic pathway to a successful fitness training program. The IAFF/IAFC Peer Fitness Training Program can help your department with delivering effective and successful fitness training. **Bill Bussing – International Association of Fire Fighters**

